

Michigan's Age-Friendly Action Plan

2024-2026



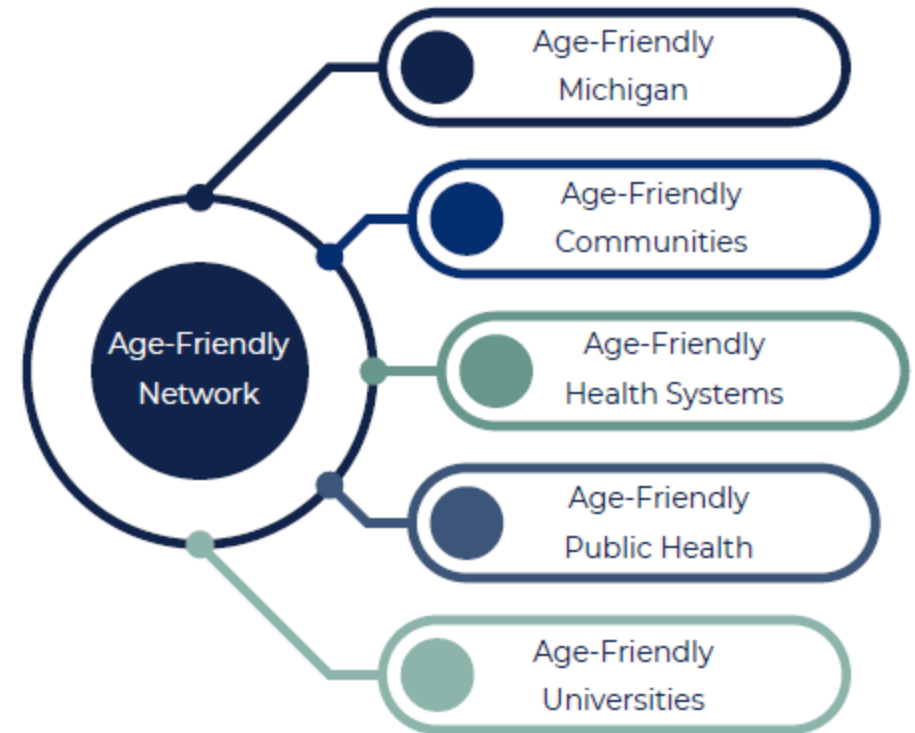
Michigan's Age-Friendly Mission:

To create an age-friendly state where all people have the choices and support to pursue active, healthy lives in their communities.



Age-Friendly Communities in Michigan

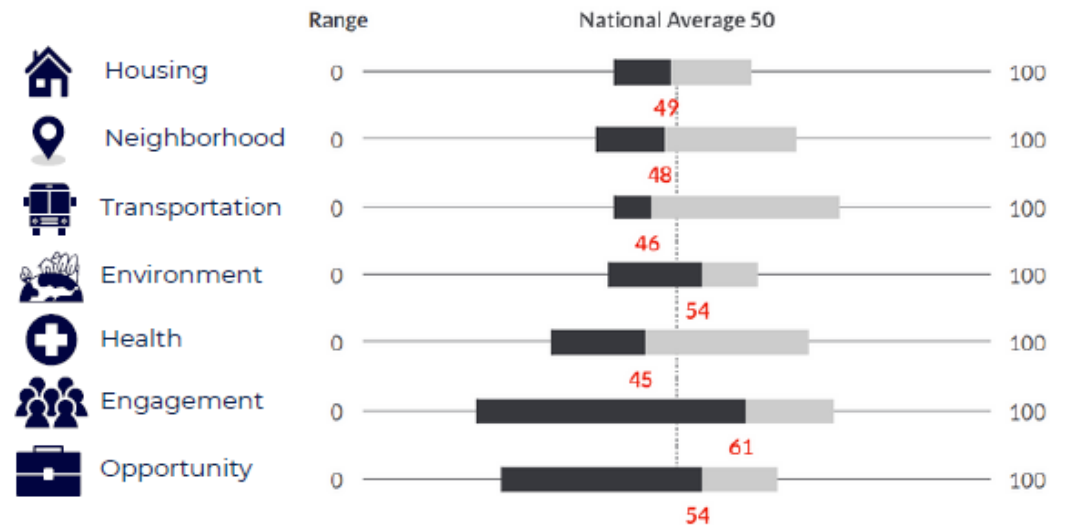
- Albion, 2022
- Auburn Hills, 2013
- Detroit, 2024
- East Lansing, 2017
- Grand Rapids, 2018
- Highland Park, 2013
- Jackson, 2019
- Lansing, 2015
- Oak Park, 2022
- Royal Oak, 2019
- Southfield, 2017



Michigan's Livability Index Score

Priorities in the 2024-2026 plan address areas with the biggest room for improvement while focusing on the following AARP Domains of Livability:

- Communication and Information
- Health Services and Community Supports
- Housing
- Respect and Social Inclusion
- Social Participation



Age-Friendly Goals



1. Knowledge & Awareness

Elevate Resources and Inform Public About Aging Services

2. Strengthening Partnerships

Strengthen Multi-Sector Connections, Collaboration, and Coordination to Support Older Adults

3. Optimal Health & Preserving Independence

Assist Aging Population in Reaching Optimal Health and Preserving Independence

Age Friendly Domains of Livability - Goal 1:

- Communication and Information
- Community and Health Services
- Respect and Social Inclusion

Objective 1.1:

- Increase access to information and assistance through effective communication.

Age Friendly Domains of Livability - Goal 2:

- Communication and Information

Objective 2.1:

- Build partnerships and networks with at least three new or existing organizations and stakeholders in key sectors working with older adults, including public and private entities, to leverage resources, expertise, and funding.

Objective 2.2:

- Improve cross-sector awareness and understanding of the needs and challenges faced by older adults in the areas of housing, transportation, elder rights, assistive technology, social isolation, and mental health by making presentations during at least four conferences and/or meetings per year outside the aging network.

Objective 2.3:

- Promote and increase utilization of AARP's Livable Communities tools and guidance by partner staff from nominal to regularly.

Age Friendly Domains of Livability - Goal 3:

- Community and Health Services
- Housing
- Social Participation

Objective 3.1:

- Increase the number of older adults and caregivers participating in nutrition and health and wellness programs and services.

Objective 3.2:

- Increase access to information and resources on fall prevention and reduce fall risk.

Objective 3.3:

- Optimize opportunities for social, emotional, and physical engagement.

View the full action plan at AARP Livable Communities

<https://livablemap.aarp.org/member/state-michigan-mi>

For questions, contact:

Kayla Smith, Health Promotion and Wellness Coordinator
SmithK138@michigan.gov

