

## Evidence of Michigan State University (MSU) Meeting Age-Friendly University (AFU) Criteria

AFU Principles	MSU
1. To encourage the participation of older adults in all the core activities of the university, including educational and research programs.	<ul style="list-style-type: none"> <li>✓ MSU Retirees Association (MSURA) actively engages older adults through monthly meetings and extensive outreach programs, e.g. Meetings and Speakers Series, newsletter, Groups and Activities, Volunteer and Job Opportunities, Awards, etc.</li> <li>✓ MSU Faculty Emeritus Association (MSUFEA) actively engages older adults through monthly lunches and speakers.</li> <li>✓ MSU Alumni Association actively engages older adults through Alumni Clubs, Events, Stories, Directory, Career Resource Center, Oxford Online Education Series, etc.</li> <li>✓ MSU Grandparent's University sponsored by the MSU Alumni Association</li> <li>✓ AgeAlive – a program through the College of Osteopathic Medicine dedicated to connecting MSU aging-related scholarship, programs and initiatives to promote increased wellbeing and quality of life across the lifespan and to have a greater positive impact on students, faculty, communities and society. Major goals include becoming an AFU, establishing a searchable database of all aging-related activity at MSU and a centralized hub for information exchange, and collaborating with community organizations to ensure opportunities for lifelong education, meaningful retirement pathways, caregiver support and other ways in which to meet the needs of students and older adults. AgeAlive engages with retirees and older adults in multiple ways, e.g. inclusion in communication hub, rep on retirement pathways committee, board reps from MSURA, MSUFEA, and other organizations, life enrichment activities related to education and research, etc.</li> </ul>
2. To promote personal and career development in the second half of life, and to support those who wish to pursue second careers.	<ul style="list-style-type: none"> <li>✓ MSU Worklife Office (WLO) offers multiple programs to support older adults including assistance with dependent care and a university wide Retirement Pathways Committee dedicated to and facilitating engagement and transitions throughout the life span. The committee is currently developing tools to assist administrators and faculty nearing retirement in determining meaningful ways in which to retire.</li> <li>✓ College of Education (COE) has internationally recognized expertise in faculty career development, e.g. Roger Baldwin, presented on retirement pathways at the 2017 AFU Conference held in Dublin. In 2017, COE sponsored an important two-part, full-day workshop: <i>Taking the Taboo out of Retirement</i>.</li> <li>✓ MSU's exploration of potentially establishing a University Based Retirement Community (UBRC)</li> <li>✓ An Academic Advancement Network focus area is faculty/specialist career development.</li> <li>✓ Human Resources facilitates planning and exploring later-life career opportunities.</li> <li>✓ AgeAlive Life Enrichment events related to retirement; open to community members</li> <li>✓ MSURA Retirement Information Resource page and MSU Alumni Association Career Resources</li> </ul>
3. To recognize the range of educational needs of older adults (from those who were early school-leavers through to those who wish to pursue master's or PhD qualifications).	<ul style="list-style-type: none"> <li>✓ MSU Alumni Association Oxford Online Education Series</li> <li>✓ MSURA Meetings and Speakers Series</li> <li>✓ AgeAlive partnership with IMPART Alliance to offer training classes for paid and unpaid/family caregiving</li> <li>✓ MSU Office of Inclusion and Intercultural Initiatives (I3) funded project in support of AgeAlive and the School of Social Work (SSW) developing and testing intergenerational curriculum on aging and caregiving</li> <li>✓ AgeAlive focus on Life Enrichment lectures and events to promote older adult participation in lifelong learning, research, culture, and the arts; open to community members.</li> <li>✓ Aging-related educational programs through MSU Extension, which has a presence in all MI counties.</li> </ul>

<p>4. To promote intergenerational learning to facilitate the reciprocal sharing of expertise between learners of all ages.</p>	<ul style="list-style-type: none"> <li>✓ The I3 grant awarded to AgeAlive and the School of Social Work to develop intergenerational curriculum on aging and caregiving</li> <li>✓ AgeAlive's focus on intergenerational experiences including volunteer/internship opportunities, sponsoring intergenerational community events, etc.</li> <li>✓ The work of the MSU 60/50 subcommittee on aging including sponsoring an intergenerational Film Competition in which young adults produced five-minute videos of themselves interviewing an important elder in their lives.</li> </ul>
<p>5. To widen access to online educational opportunities for older adults to ensure a diversity of routes to participation.</p>	<ul style="list-style-type: none"> <li>✓ The MSU Alumni Association Oxford Online Education Series</li> <li>✓ Through the work of Paul Freddolino, PhD, Director of Distance Education and Technology in the School of Social Work, the work of Shelia Cotton, PhD in the Department of Media and Information, and other researchers who study technology across the life course and ways in which to use technology to enhance aspects of quality of life for older adults.</li> </ul>
<p>6. To ensure that the university's research agenda is informed by the needs of an ageing society and to promote public discourse on how higher education can better respond to the varied interests and needs of older adults.</p>	<ul style="list-style-type: none"> <li>✓ AgeAlive establishing a searchable database of all MSU aging-related research</li> <li>✓ AgeAlive establishing a communication hub to connect those engaged in aging research, e.g. e-blasts to Agealive email list which includes researchers, faculty/staff, community members, networking events, featured researchers on website, special lecture series on MSU aging related research, open to the public</li> <li>✓ Annual AgeAlive Forum to promote public discourse on how higher education can better respond to the varied interests and needs of older adults.</li> <li>✓ The Levande Certificate Program in Gerontology offered through the School of Social Work aimed at providing the best educational experience for future gerontological social work practitioners and leaders. The certificate program includes methods used to identify individual, family, and community strengths, and stresses effective use of community-based programs and alternative services delivered in respectful and culturally appropriate ways.</li> <li>✓ The BASW Certificate in Aging Program offered through the School of Social Work</li> <li>✓ The Pearl J. Aldrich Endowment in Gerontology awards support graduate student and faculty research, education, and service activities in gerontology-related programs at MSU.</li> <li>✓ Substantial externally funded research related to aging conducted across all MSU units and campuses. Examples include research in engineering on hand strength, mobility devices, driverless cars, and biometrics, in social work on dementia, in translational science on Alzheimer's disease and Parkinson's, on autism through RAIND, in sociology on happiness, in music, math, packaging, food safety and more.</li> <li>✓ IMPART Alliance through the College of Osteopathic Medicine, currently funded by the Michigan Health Endowment Fund, dedicated to building an infrastructure in Michigan to develop and support the direct care workforce in response to a critical shortage of home care workers for older adults. The focus is on training and advocacy for higher quality care, better wages, and greater respect. IMPART is now expanding trainings to include family caregivers, high school students through a tech training program, and other current and future caregivers.</li> </ul>

<p>7. To increase the understanding of students of the longevity dividend and the increasing complexity and richness that aging brings to our society.</p>	<ul style="list-style-type: none"> <li>✓ See #4</li> <li>✓ The MSW Levande program and BASW Certificate in Aging in the School of Social Work described in #6</li> <li>✓ The School of Social Work also offers a Seminar in Social Work with Older Adults each semester focusing on Mental Health, Illness and Wellness, Protective Services, and Legal Issues and Eldercare and a class on Topics in Policy Practice and Advocacy.</li> <li>✓ Adult Gerontology Clinical Nurse Specialist Graduate Certificate in the College of Nursing</li> <li>✓ AgeAlive is working with faculty in the Residential College in the Arts and Humanities to develop a session on aging for MSU students in multiple aging related classes to give them base information &amp; social context</li> </ul>
<p>8. To enhance access for older adults to the university's range of health and wellness programs and its arts and cultural activities.</p>	<ul style="list-style-type: none"> <li>✓ The MSU College of Music believes that everyone deserves an expressive life, one enriched and transformed by the power of music. Their programming reflects a wide array of opportunities for older adults, both campus and community based. Examples include the Community Music School (CMS) dedicated to making programs accessible to people of all ages, abilities and income-levels. CMS offers music education programs in both Greater Lansing and Detroit/Southeast Michigan, folk music classes, intergenerational teaching, band and orchestra for adults of all ages, free concerts at local senior living facilities, and more.</li> <li>✓ MSU's Community Music School Music Therapy Clinical Services provide music therapy for special-needs clients in the Greater Lansing community including persons with developmental disability and older adults.</li> <li>✓ The MSU Wharton Center for Performing Arts has a wide variety of programming and engages in outreach to all ages. Season ticket holders are regularly surveyed to determine interests.</li> <li>✓ Recreational Sports and Health 4 U programs available to retirees.</li> </ul>
<p>9. To engage actively with the university's own retired community.</p>	<ul style="list-style-type: none"> <li>✓ See all of above examples, particularly #1, #2 &amp; #3</li> <li>✓ AgeAlive's commitment to university/community partnerships and intergenerational experiences in part through working with MSURA</li> <li>✓ Retirees on AgeAlive Advisory board and serving as AgeAlive volunteers</li> <li>✓ The MSURA programs</li> <li>✓ The MSUFEA programs</li> <li>✓ The UBRC initiative</li> </ul>
<p>10. To ensure regular dialogue with organizations representing the interests of the aging population.</p>	<ul style="list-style-type: none"> <li>✓ AgeAlive Board includes AARP, East Lansing Age-Friendly Community planning committee, MSURA, MSUFEA, WLO, and UBRC reps</li> <li>✓ AgeAlive partnering on events with AARP, the East Lansing Age-Friendly Community planning committee, MSURA, WLO, the Allen Neighborhood Center, East Lansing Primetime, and other community groups that provide life enrichment and lifelong educational opportunities to older adults. Promoting information sharing between MSU and community groups through the AgeAlive database, website, e-blasts and other venues.</li> </ul>